

Welcome

Welcome to the Female Genital Dermatology (FGD) Clinic at Northern Sydney Dermatology.

To assist you with your visit we ask that you complete an initial visit questionnaire and bring this with you to your appointment.

Do not worry if you do not know the answers to all of these questions.

Important

Completing this questionnaire in advance helps to improve your consultation process with Dr Dawes-Higgs.

It allows her to better understand you and your condition providing you with the best possible care.

For confidentiality, you can hand the completed questionnaire directly to Dr Dawes-Higgs or place in an envelope and give it to the reception staff on arrival.

Before

There are a few things to be aware of in the days leading up to your appointment:

- Do not cancel your appointment if you get your period
- Stop any steroid creams or ointments for 2 weeks and any other preparations for 48 hours before your 1st appointment
- Please contact the clinic if you feel you may not be able to stop the above and discuss this with the Clinic Nurse
- Please refrain from sexual intercourse for 48 hours prior to your appointment

About

Dr Dawes-Higgs obtained her Bachelor of Medicine and Bachelor of Surgery degrees from the University of NSW in 1996, and her Doctor of Philosophy in Medicine from the University of Sydney in 2007. She was awarded a Fellowship of The Australasian College of Dermatologists in 2006.

Dr Dawes-Higgs has a special interest in women's skin health and is a Lecturer in Vulval Dermatology for the FPAA National Certificate in Reproductive & Sexual Health for Doctors. She is also a State and National Examiner for the Australasian College of Dermatologists.

Credentials

- MBBS, BSc(Med), BE(Mech), DPD,
- PhD(Syd), FACD
- Fellow, The Australasian College of Dermatologists
- International Fellow, American Academy of Dermatology
- Member, Australian and New Zealand Vulvovaginal Society
- Member, International Society for the Study of Vulvar Disease

Name _____ D.O.B: _____
Date ___/___/___

What would you like help with?

Sexual Activity

Are you sexually active?

- Yes Long term partner New partner Multiple partners
 Not at present Never

Sexual Orientation

- Heterosexual
 Same Sex

Contraception

- Pill Condoms Spermicide Diaphragm IUD Surgical - Partner Vasectomy, Hysterectomy,
Tubal Ligation (Tubes Tied)
 Nil

Obstetric History

- Pregnancies _____
 Children _____
 Vaginal Deliveries C-Sections Tear or Episiotomy Prolapse

Are you pregnant? Yes No

Are you breastfeeding? Yes No

Gynaecological History

- Pap Smear Date ___/___/___ Abnormal Normal
 Menopausal No Hormone Replacement HRT Patch or Tablet Hormone Cream
 Periods Regular Irregular
 Surgery Details _____
 Radiation Details _____
 Endometriosis
 PCO'S

Vulval History

- Biopsy or Surgery of the area Details _____
- Injury/Trauma
- Assault
- Lichen Planus Lichen Sclerosis
- Infection Candida Warts Herpes Syphilis Chlamydia Bacterial Vaginosis Gonorrhoea
- Daily liners or pads Incontinence pads

General Dermatologic History

- Sensitive Skin Skin Allergy
- Eczema/Dermatitis Psoriasis Lichen Planus Vitiligo
- Mouth, Nail or Hair Problems Alopecia Areata
- Other

General Medical History

- High Blood Pressure Heart Disease/Heart Attack High Cholesterol
- Diabetes
- Thyroid Disease
- Autoimmune Disease
- Kidney Disease
- Liver Disease
- Bowel Disease Irritable Bowel Crohns/Ulcerative Colitis Haemorrhoids Diarrhoea Constipation
- Urinary Infection or Stinging
- Mouth Ulcers
- Breast Cancer/Disease
- Depression/Anxiety
- Back Pain, Injury or Surgery
- Incontinence Urine Faeces
- Asthma/Hayfever/Sinusitis
- Smoker Alcohol _____ drinks per day Recreational Drugs
- Pernicious Anaemia

Medications

- HRT Details _____
- Pill Details _____
- Other _____

Allergies

- Yes Details _____
- Nil

Family History

- Autoimmune Disease Thyroid Alopecia Areata Pernicious Anaemia Diabetes Vitiligo
- Skin Cancer
- Eczema
- Psoriasis
- Diabetes
- Hayfever/Asthma
- Other _____

Thank you.

Please see instructions
on page one.